



The Yoga Roots

Maya Tulum, Mexico | Yoga Retreat

February 13-20, 2016



The Yoga Roots invites you to Maya Tulum, Mexico! Maya Tulum Spa and Resort is rated Travel + Leisures #2 destination spa in the world! You will be welcomed into an ambiance of exotic beauty, nature and intoxicating views. Your palapa hideway lets you reconnect with yourself as you go barefoot in the sand, swim in the sea, sleep under chic thatched-roof cabanas, and experience world-class vegetarian and fresh seafood meals. Located on the beautiful Yucatan Peninsula of Mexico, is a seaside wellness retreat that offers amazing serenity, awe-inspiring scenery, and a true connection with the Mayan past. The climate is ideal and the sun shines all year with cooling sea breezes and blue skies.

Committed to excellence with unwavering attention to detail and exceptional personal service, Maya Tulum is your ultimate retreat! Get away from the demands of daily life for a week full of fun and sun! Here, you will have the opportunity to recharge—to practice yoga and enjoy fresh gourmet meals.

The Yoga Roots

Shannon Quigley

phone: 661/979-4092

email:

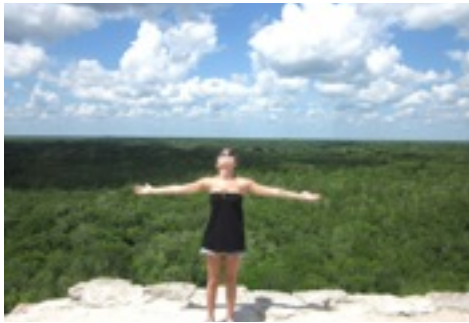
shannon@theyogaroots.com

www.TheYogaRoots.com

641 West Lancaster Blvd

Suite 201

Lancaster, California 93534



Yoga is offered twice daily in one of the beautiful yoga halls with floor to ceiling windows bringing in the fresh ocean breeze. Every morning we will take a morning meditation walk barefoot on the beach and during the time between meals you can relax at the spa, sun bathe or take one of the amazing tours around the city.

Paradise. Laying in a hammock under the shade of a palm tree, facing beautiful white beaches, sipping a cool drink and enjoying the warm sun. The Riviera Maya offers endless possibilities to choose from: tranquil sea coves and bays, transparent lagoons to swim in and mysterious culture thousands of years old; or the world's second longest reef which stretches from Quintana Roo to Honduras. Also, there are a variety of beach and water sports to choose from or you could take full advantage of your getaway and simply relax on the beach.

We will hang out in a beautiful huge round cabana built with marble floors and white limestone walls for our meals. Through its windows you have an amazing view of the coastline with the turquoise Caribbean Sea and white sands just feet away. The restaurant serves vegetarian and fresh seafood fare. Anytime of the day you may order your favorite drink or smoothie from the bar.

Package Includes

- 7 nights accommodations
- 3 gourmet meals per day
- Yoga twice daily
- Taxes

Rates do not include airfare or airport transportation



Lodging & Cost



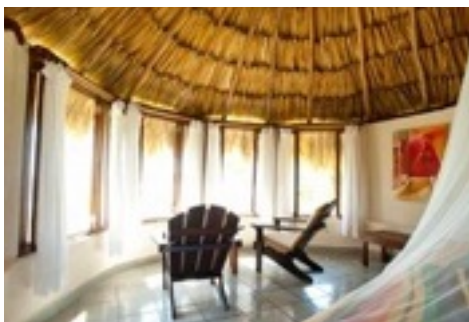
Garden View: Located in the lush tropical gardens close to the yoga halls, spa and steps from the beach, the Garden Cabanas are set behind the ocean view Cabanas. All have beds with shimmering gossamer netting and provide a sitting area with cozy chairs, inviting coffee tables and tiled bathroom with a private open air shower area that brings in the ocean breeze.

Double: \$1655 Single: \$2215 Triple:\$1490 *1 room available



Ocean View: Ocean View cabanas sit just behind the beach front cabanas and all have a partial view of the Caribbean Sea. All have beds with shimmering gossamer netting and provide a sitting area with cozy chairs, inviting coffee tables and tiled bathroom with a private open air shower area that brings in the ocean breeze.

Double: \$1760 Single: \$2355



Beachfront Deluxe: Beach Front Deluxe cabanas are situated directly on the beach and have a crystal clear view of the sea. All have beds with shimmering gossamer netting and provide a sitting area with cozy chairs, inviting coffee tables and tiled bathroom with a private open air shower area that brings in the ocean breeze.

Double: \$1935 Single: \$2705



Travel Logistics & Details

Air: Arrive/Depart Cancun (CUN) Airport. Maya Tulum Resort will arrange for your transportation to and from the Airport by a reputable and trusted driver. Schedule your arrival into CUN on Feb. 13 by 3pm and you can schedule your departure for any time on Feb. 20. If you wish to come to the resort early or stay later than the scheduled retreat, the resort will offer 10% off your accommodation.

Airport Transportation: Please bring \$80 cash (\$40 each way) for transportation. Maya Tulum Resort will pick you up and drop you off at the airport. Cash only.

Please note: Single rooms are limited and we recommend that if you choose a room with double occupancy that you preselect your roommate before calling to make your reservation, otherwise a roommate will be selected for you. All double occupancies will have twin beds. Exact room specifications can be discussed when you make your reservation and are based on availability.

A \$500 deposit will be required per accommodation upon making your reservation. Deposits are non-refundable and non-transferable and will be applied to your package. The cost of the retreat becomes non-refundable and non-transferable 80 days prior to the start of the retreat. The retreat balance must be paid in full by November 18, 2015.

Payment plans are available!

Please contact Shannon to set up your monthly payment plan set to your needs!

More info on Maya Tulum Resort please visit:

www.rrresorts.com/maya_tulum

